



12136 W. Bayaud Ave.
Suite 200
Lakewood Co, 80228

March 16th, 2020

Dear Elders and Residents:

First and foremost, let me acknowledge how stressful the ever changing information you are receiving is. We truly appreciate your patience as we continue to learn more about COVID 19/Coronavirus. As we adapt to this situation, we are placing an emphasis on giving you, our team members and our care partners the most up to date information and recommendations possible in order to keep the communities safe and healthy. As we receive updates from CMS and the CDC, we will continue to pass on their recommendations to you. Below are changes to your activities and programming that you have already noticed changes on:

- A pause on group outings
 - Care partners are currently able to continue to provide personal shopping for you
- Limiting large group gatherings
- A restriction on Visitors, Volunteers and Vendors from coming into the community

As of March 13th, 2020, CMS has come out with new guidelines for all Skilled Nursing Communities nationwide. The biggest guideline that will affect us, is cancelling all group activities, such as internal and external group activities. This includes all outings, even scenic drives. What does this mean for us?

We are requesting that care partners and staff members provide independent leisure materials that can be disposed of (such as word searches, magazines, devotionals, newspapers, coloring pages, sudoku, coloring supplies, etc) to Residents/Elders who have interest in those independent activities. We are cancelling all group activities within the communities at this time, to follow the guidance and safety measures CMS is recommending. We are asking patience from you at this time, and asking you to participate in independent activities of your choosing. Many of you enjoy watching tv/movies, reading your personal books, using your cell phone, playing video games, crafting, etc. in your room. Activity team members will continue to check in with you, will provide social support as other care partners will and can, will drop off your personal shopping, and will continue to offer independent leisure supplies.

Your health, safety and wellbeing are of the utmost importance to us. We understand that letting go of large social gatherings for an unknown stint of time is hard, but you can continue to call, text, email, and write letters to loved ones and friends. You can even do this for Residents/Elders down the hall from you! Additionally, if you need support or are interested in setting up alternate forms of communication with your family and friends living outside of the community (such as Skype, FaceTime, Google Hangouts, etc) please speak with your Activity Director and we will be happy to set this up. We are happy to make contact with your family/friends outside of the community and assist them via phone in setting up the system on their end. As always, your Activity Team Members and all Care Partners in the community will continue to check in and provide the social opportunities that some of you desire.

If you have any questions please feel free to ask and speak with your Activity Director or Administrator. As we gain more information, we will be sure to pass it on to you as quickly as possible. We are doing what we can with the knowledge we have at this time. That knowledge will continue to change in the coming days and weeks, so it is realistic to know that other changes may take place. But we will make these changes together as a community.

Thank you in advance for your time, patience, and understanding. We truly could not be a community without you.

Olivia Mogab, CTRS
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Recreation & Leisure Services